



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – TENNIS – SUMMER 1 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p>	<p>Can you hit a ball accurately and with control?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you pass in different ways?</p> <p>Can you use forehand and backhand with a racquet?</p> <p>Can you choose the best tactics for attacking and defending?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p>	<p>Can you combine running and jumping?</p> <p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – CRICKET – SUMMER 2 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you use hitting, kicking and/or rolling in a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Can you throw and catch with control when under limited pressure?</p> <p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p>	<p>Can you catch with one hand?</p> <p>Can you throw and catch accurately?</p> <p>Can you hit a ball accurately and with control?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you field?</p> <p>Can you choose the best tactics for attacking and defending?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p> <p>Do you throw a variety of objects, changing your action for accuracy and distance?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p> <p>Can you throw in different ways?</p>	<p>Can you throw with accuracy?</p> <p>Can you follow specific rules?</p>	<p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – GYMNASTICS – SPRING 1 (Y2 – 6)

GYMNASTICS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GYMNASTICS	<p>Can you plan and show a sequence of movements?</p> <p>Can you use contrast in your sequences? Are your movements controlled?</p> <p>Can you think of more than one way to create a sequence which follows a set of 'rules'?</p> <p>Can you work on your own and with a partner to create a sequence?</p>	<p>Can you use a greater number of your own ideas for movement in response to a task?</p> <p>Can you adapt sequences to suit different types of apparatus and your partner's ability?</p> <p>Can you explain how strength and suppleness affect performances?</p> <p>Can you compare and contrast gymnastic sequences, commenting on similarities and differences?</p>	<p>Can you work in a controlled way?</p> <p>Can you include change of speed?</p> <p>Can you include change of direction?</p> <p>Can you include range of shapes?</p> <p>Can you follow a set of 'rules' to produce a sequence?</p> <p>Can you work with a partner to create, repeat and improve a sequence with at least three phases?</p>	<p>Can you make complex or extended sequences?</p> <p>Can you combine action, balance and shape?</p> <p>Can you perform consistently to different audiences?</p> <p>Are your movements accurate, clear and consistent?</p>	<p>Do you combine your own work with that of others?</p> <p>Can you link your sequences to specific timings?</p>
ATHLETICS		<p>Can you link running and jumping activities with some fluency, control and consistency?</p>	<p>Can you jump in different ways?</p>	<p>Are you controlled when taking off and landing in a jump?</p> <p>Can you combine running and jumping?</p>	<p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – HOCKEY – AUTUMN 1 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you use hitting, kicking and/or rolling in a game?</p> <p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p> <p>Can you keep possession with some success when using equipment that is not used for throwing and catching skills?</p>	<p>Can you hit a ball accurately and with control?</p> <p>Can you keep possession of the ball?</p> <p>Can you move to find a space when you are not in possession during a game?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you gain possession by working as a team?</p> <p>Can you pass in different ways?</p> <p>Can you choose the best tactics for attacking and defending?</p> <p>Can you use a number of techniques to pass, dribble and shoot?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p>	<p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – HOCKEY – SPRING 2 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you use hitting, kicking and/or rolling in a game?</p> <p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p> <p>Can you keep possession with some success when using equipment that is not used for throwing and catching skills?</p>	<p>Can you hit a ball accurately and with control?</p> <p>Can you keep possession of the ball?</p> <p>Can you move to find a space when you are not in possession during a game?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you gain possession by working as a team?</p> <p>Can you pass in different ways?</p> <p>Can you choose the best tactics for attacking and defending?</p> <p>Can you use a number of techniques to pass, dribble and shoot?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p>	<p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – INDOOR ATHLETICS – AUTUMN 2 (Y2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
ATHLETICS		<p>Can you link running and jumping activities with some fluency, control and consistency?</p> <p>Can you make up and repeat a short sequence of linked jumps?</p> <p>Do you throw a variety of objects, changing your action for accuracy and distance?</p>	<p>Can you throw in different ways?</p> <p>Can you hit a target?</p> <p>Can you jump in different ways?</p>	<p>Are you controlled when taking off and landing in a jump?</p> <p>Can you throw with accuracy?</p> <p>Can you combine running and jumping?</p> <p>Can you follow specific rules?</p>	<p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – LACROSSE – AUTUMN 2 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Can you throw and catch with control when under limited pressure?</p> <p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p>	<p>Can you catch with one hand?</p> <p>Can you throw and catch accurately?</p> <p>Can you keep possession of the ball?</p> <p>Can you move to find a space when you are not in possession during a game?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you gain possession by working as a team?</p> <p>Can you pass in different ways?</p> <p>Can you choose the best tactics for attacking and defending?</p> <p>Can you use a number of techniques to pass, dribble and shoot?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p> <p>Do you throw a variety of objects, changing your action for accuracy and distance?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p> <p>Can you throw in different ways?</p>	<p>Can you throw with accuracy?</p> <p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – LACROSSE – SUMMER 1 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Can you throw and catch with control when under limited pressure?</p> <p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p>	<p>Can you catch with one hand?</p> <p>Can you throw and catch accurately?</p> <p>Can you keep possession of the ball?</p> <p>Can you move to find a space when you are not in possession during a game?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you gain possession by working as a team?</p> <p>Can you pass in different ways?</p> <p>Can you choose the best tactics for attacking and defending?</p> <p>Can you use a number of techniques to pass, dribble and shoot?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p> <p>Do you throw a variety of objects, changing your action for accuracy and distance?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p> <p>Can you throw in different ways?</p>	<p>Can you throw with accuracy?</p> <p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – TAG RUGBY – SPRING 2 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Can you throw and catch with control when under limited pressure?</p> <p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p>	<p>Can you catch with one hand?</p> <p>Can you throw and catch accurately?</p> <p>Can you keep possession of the ball?</p> <p>Can you move to find a space when you are not in possession during a game?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you gain possession by working as a team?</p> <p>Can you pass in different ways?</p> <p>Can you choose the best tactics for attacking and defending?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p>	<p>Can you spring over a short distance?</p>	<p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>



KIRKBY WOODHOUSE SCHOOL

HALF TERMLY SKILLS PLAN – MR HALFPENNY – TENNIS – AUTUMN 1 (YEARS 2 – 6)

TENNIS					
	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
SKILLS	<p>Can you copy and remember actions?</p> <p>Can you repeat and explore actions with control and coordination?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p>	<p>Can you select and use the most appropriate skills, actions or ideas?</p> <p>Can you move and use actions with co-ordination and control?</p> <p>Can you make up your own small-sided game?</p>	<p>Can you link skills, techniques and ideas and apply them accurately and appropriately?</p> <p>Do you show good control in your movements?</p>	<p>Do you apply your skills, techniques and ideas consistently?</p> <p>Do you show precision, control and fluency?</p>
EVALUATING	<p>Can you talk about what is different between what you did and what someone else did?</p> <p>Can you say how you could improve?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>With help, do you recognise how performances could be improved?</p>	<p>Can you explain how your work is similar and different from that of others?</p> <p>Can you use your comparison to improve your work?</p>	<p>Can you compare and comment on skills, techniques and ideas that you and others have used?</p> <p>Can you use your observations to improve your work?</p>	<p>Can you analyse and explain why you have used specific skills or techniques?</p> <p>Can you modify use of skills or techniques to improve your work?</p> <p>Can you create your own success criteria for evaluating?</p>
HEALTH & FITNESS	<p>Can you show how to exercise safely?</p> <p>Can you describe how your body feels during different activities?</p> <p>Can you explain what your body needs to keep healthy?</p>	<p>Can you explain why it is important to warm-up and cool-down?</p> <p>Can you identify some muscle groups used in gymnastic activities?</p>	<p>Can you explain why warming up is important?</p> <p>Can you explain why keeping fit is good for your health?</p>	<p>Can you explain some important safety principles when preparing for exercise?</p> <p>Can you explain what effect exercise has on your body?</p> <p>Can you explain why exercise is important?</p>	<p>Can you explain how the body reacts to different kinds of exercise?</p> <p>Can you choose appropriate warm ups and cool downs?</p> <p>Can you explain why we need regular and safe exercise?</p>
GAMES	<p>Can you stay in a 'zone' during a game?</p> <p>Can you decide where the best place to be is during a game?</p> <p>Can you use one tactic in a game?</p> <p>Can you follow rules?</p>	<p>Are you aware of space and use it to support team-mates and cause problems for the opposition?</p> <p>Do you know and use rules fairly to keep games going?</p>	<p>Can you hit a ball accurately and with control?</p> <p>Can you vary tactics and adapt skills according to what is happening?</p>	<p>Can you pass in different ways?</p> <p>Can you use forehand and backhand with a racquet?</p> <p>Can you choose the best tactics for attacking and defending?</p>	<p>Can you explain complicated rules?</p> <p>Can you make a team plan and communicate it to others?</p> <p>Can you lead others in a game situation?</p>
ATHLETICS		<p>Can you run at fast, medium and slow speeds, changing speed and direction?</p>	<p>Can you spring over a short distance?</p> <p>Can you hit a target?</p>	<p>Can you combine running and jumping?</p> <p>Can you follow specific rules?</p>	<p>Can you demonstrate stamina?</p> <p>Can you use your skills in different situations?</p>