

Nottinghamshire Children's Centre Service



Available services at Kirkby East Children's Centre

Health and Well-being

- Baby Massage
- Weaning
- Family Food and Fun
- BABES - Breastfeeding Support
- PHEW (Parents Emotional Health and Well-being)

Work Ready

- Information, advice and guidance
- C.V support writing
- Preparing for Interviews
- Opening Doors to Confidence
- Opening Doors to Employment
- Volunteering

Family Support

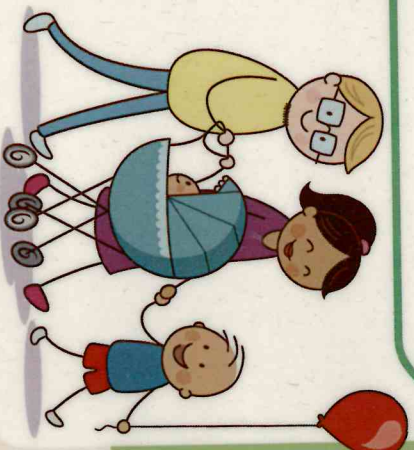
- Routines and boundaries
- Behaviour Management
- Sleep support
- Keeping Children safe
- Basic Budgeting
- Domestic Abuse Support

Parenting Programmes

- Solihull
- Sleep tight
- 123 Magic
- Incredible Years

School Readiness

- Forest Schools
- Now I Am 2
- Little Talkers (0-1, 1-2 & 2-3)
- Let's Play



...giving children
the best start

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County Council

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